

OFFICE: 9191 Bay Pines Boulevard • St. Petersburg • FL 33708 • (727) 392-8858

ARBORIGIS SCUTTLEBUTTO

September 2018 lss

Issue 6
42nd Year

Happy Labor Day!

Summer is almost gone, get out and enjoyl

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Important Phone Numbers

NON EMERGENCIES

St. Petersburg Police Dept.	893-7780	Seminole Police Dept 595-5414
St. Petersburg Fire Dept.	893-7694	Seminole Fire Dept 394-6905
Pinellas County Sheriff	582-6200	1

Florida Highway Patrol 570-5010 **Emergency - 911**

UTILITIES

SPECTRUM	1-855-222-0102
Knology Sales	239-0211
Service	(866) 745-3685
Duke Energy	727-443-2641
Power Outage	1-800-228-8485
Frontier Services	1-800-921-8101
Directory Assistance	411
DirecTV	1-800-531-5000

Teco Gas 826-3333

PUBLIC OFFICES

DMV-Tags, Driver's License	
1800 66th St. N., St. Petersburg	464-7777
St. Petersburg Chamber of Commerce	821-4069
St. Petersburg City Hall	893-7171
St. Petersburg Post Office	(800) 275-8777
St. Petersburg Main Library	893-7724
Social Security Administration	(800) 772-1213
Seminole City Clerk	398-3107
Waste Management	888-964-9744
Seminole Recreation Dept	391-8345
VA Regional Office Benefits Info.	1-800 827-1000

HOSPITALS

HUSHIALS		
Bay Pines VA	10,000 Bay Pines Blvd., St. Pete	rsburg, 33708 398-6661
Bayfront Medical Center	701 6th St. S., St. Petersburg 337	701 823-1234
Largo Medical Center	201 14th St. SW, Largo 33770	588-5200
Morton Plant	300 Pinellas St., Clearwater 337.	56 462-7000
Northside	6000 49th St. N., St. Petersburg	33709 521-4411
St. Petersburg General	6500 38th Ave. N., St. Petersburg	g 33710 384-1414
St. Anthony's	1200 7th Ave. N. St Petersburg	825-1100

Harbor Lights Club Office 392-8858 • Marina 392-4933

ROOF-OVERS--727-547-8300

ASC

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Summer Rains Are Here?

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NO Subcontractors
"Ask Your Neighbors About Us."

23

24



ARE YOU PAYING TOO MUCH FOR AUTO INSURANCE?

Coverages: =

Bodily Injury......\$100,000 Each Pers./ \$300,000 Ea. Occur.

Property Damage\$100,000 Each Occur.

Uninsured Motorist\$100,000 Each Pers./ \$300,000 Ea. Occur. Pers. Injury Prot......\$10,000 Ea. Person, Wage Loss Excluded

Medical Payments.....\$5,000 Each Person

ComprehensiveACV - \$500 Deductible

CollisionACV - \$500 Deductible

Road Trouble Serv. ...\$50 Each Occurrence

Additional Exp......\$30 Per Day / \$900 Each Occurance

Annual Paid In Full Premium....... \$994.55*

Quote Details: -67 married male, vehicle driven for pleasure use, superior credit, 5 year clean driving record on all licensed household operators -2012 Chevy Impala LT, garaged in Pinellas County zip code 33771, equipped with Air-Bags, ABS and Anti-Theft device

*NOTICE: Acceptability of all proposed applicants subject to underwriting approval, premium rates are subject to change. Rates will vary based on age of operator, driving record, credit history, garaging address and type of vehicle.



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HARBOR LIGHTS SCUTTLEBUTT SEPTEMBER, 2018 D

LABOR DAY PICNIC

Please bring a dish to share and your own drink. Come early, bring a friend and enjoy the pool. Any questions, call Diane 716-479-9133. More information posted in the laundry room, library, and pool area.

Let's celebrate the end of summer and begin looking forward to the Fall season.

FLORIDA RESIDENTS

f you wish to change your party affiliation, register to vote, or elect to vote by mail, please contact Jackie Turner for paperwork. 727-313-8854

PHONE DIRECTORY:

he 2018 – 2019 Phone Directory will be distributed in early November. Please contact our new chairpersons, Harriet Ha-Sidi and Dennis Antoszewski, with any new phone changes you may have. Their phone numbers can be found in the current directory. Do not wait till the last minute to do this!!

No glass bottles or glasses in pool area. Keep area clean.

KILL THOSE WEEDS:

1 gal white vinegar

2 cups Epsom salts

½ cup blue Dawn detergent

Put in spray bottle for easier use.

Prevents weeds for almost a month.

A Complete Listing of Resident Services can be found on the page before your calendar

ANOTHER REMINDER: WATCH THE WEATHER!! HURRICANE SEASON JUNE TO NOVEMBER:

This very important information was submitted by Diane Piscopo. Diane is the park liason for hurricane preparedness. Call her with any questions, 716-479-9133.

Take a few minutes and stop in our clubhouse. As you enter the front door, to your left there is information on hurricane preparedness: pet registration forms, ID forms for those individuals that may need assistance from emergency personnel, what to take with you when evacuating, and steps to prepare ahead of time **WITH FAMILY.**

We live in mobile homes, therefore we <u>MUST EVACUATE</u>. Our clubhouse is not a shelter. Do not plan to go along the routes toward the ocean, but follow the blue and white "evacuate route" signs leading inland. Be aware, the shelter will accommodate you, but they may not have beds/cots, blankets or pillows. A chair or inflatable mat would be recommended.

BE PREPARED! BE SAFE!

Make arrangements for your pet!!

We have been lucky so far, hurricane season is not over. Please review your plans for hurricane preparations. We all remember last year!!!!!

TRAVEL:

Final payment due October 15, 2018

ruise: 12 day Western Caribbean cruise leaving from Ft. Lauderdale, January 28th, 2019 – February 8th, 2019.

Brochure is posted in the Clubhouse with more information concerning transportation to Ft. Lauderdale and ports of call.

Contact Advantage Cruises and Tours toll free 866-824-1613.

<u>Day Trips:</u> Have not been arranged as yet. More information will be available in the fall. Day trips may include Kennedy Space Center, Giraffe Farm, and Ringling Bros.

DECEASED:

• Ketchum, Mina, rented at 4859 92nd St. North

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Monthly

Be Kind to Writers and Editors Month. Yes, it's a real thing, so be creative in your efforts to shamelessly promote your craft while persuading your colleagues to pay tribute to your brilliance and dedication.

Intergeneration Month. Promoting the sharing of knowledge, awareness of needs, exchange of ideas, and growth that can occur only when people interact with those of differing age groups. Expand your base to broaden your horizons.

National Pediculosis Prevention Month. September means our children have gone back to school, and it's time to review the facts and figures about head lice. Go to https://www.head-lice.org/ to learn more and protect your family from an outbreak.

One on One Month. Take time to get better acquainted with your staff, team members, and coworkers to boost morale in your organization. Carve out quality time to do the same with family, friends, and members of your community.

Weekly

International Enthusiasm Week, Sept. 1-7. Each of us can find something to be grateful and enthusiastic about this week and each week thereafter. Count your blessings and enjoy life.

Self-University Week, Sept. 1-7. The first week of the month is committed to lifelong learning. Open your mind to the discoveries that await the daring among us with a desire for knowledge.

Line Dance Week, Sept. 10-15. If you can follow directions, you can learn to line dance. It's simple and fun, as long as you don't step on anyone's toes.

International Clean Hands Week, Sept. 16-22. As autumn arrives, so too does the start of the cold and flu season. Keep in mind that proper handwashing with soap and water can help prevent the spread of germs in schools, workplaces, and other public spaces.



Banned Books Week, Sept. 23-29. Most banned books deal with themes of inclusion, tolerance, and diversity. Read a banned book this week, and support the American Library Association as it champions free speech. The theme this year is, "Banning Books Silences Stories. Speak Out!"

Carbon-rich rock found in deep space

cientists have discovered the first carbon-rich asteroid in the Kuiper Belt, a region at the far edges of the solar system. According to the Sci-News website, models of the solar system's development have suggested that gas giants forming in the outer regions moved through the system before settling into stable orbits around the sun, and their movement pulled small rocky chunks from the inner system out into deep space.

The discovery of the asteroid's nature came from observations from the Hubble Space Telescope, analyzing the patterns of wavelengths reflected from the object, dubbed 2004 EW95.

The asteroid is 186 miles across, and some 2.5 billion miles from Earth—making any observation of its surface a significant challenge for scientists.

Asteroid explodes over Africa

In case you missed it, last June an asteroid spotted on a collision course with Earth disintegrated without any harm above Africa, according to the U.S. News & World Report website. Astronomers had discovered it only hours before.



The asteroid, about 6 feet across, was too small to have caused any damage even if it had struck Earth. Instead it burned up in the atmosphere over Botswana. A video of the event shows a fireball dropping at a rapid velocity, then bursting in a fiery flash.

No one was hurt, and there's another plus: NASA considers the event a good training exercise for tracking other space objects on a close path toward Earth.

Ancient Mayan manuscript confirmed as genuine

Mayan codex from the 13th century has been deemed genuine by researchers after years of skepticism and controversy, according the (e) Science News website.

The Grolier Codex was found in a cave in Chiapas, Mexico, in the 1960s, then remained in a basement at the National Museum in Mexico City. Skeptics called it a forgery, questioning the circumstances of its original discovery—a wealthy Mexican collector said that it was given to him by two looters after blindfolding him for an airplane ride. The collector shipped it to New York in 1971 for display at the Grolier Club, where the codex gets its name. However, other objects found with the codex have been judged authentic.

Researchers analyzed the manuscript's style and iconography, used carbon dating, and studied the craftsmanship of the codex before concluding that it's probably the real thing. Like other codexes found, the Grolier Codex charted the movements of the planet Venus.

Science is not only a discipline of reason but, also, one of romance and passion.

—Stephen Hawking

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One of those days

A librarian was scanning a stack of returned books when she heard, "Book, book, book, book, book."

She looked up and saw a chicken standing before the counter. The chicken looked at her and then at the stack of books and again said, "Book, book, book, book."

The librarian handed the chicken a random book from the pile; the chicken grabbed the book in her beak and ran out of the library.

A few minutes later the chicken returned to the library with the book and tossed it on the counter. Again, the chicken said, "Book, book, book, book."

The librarian handed the chicken another book. The chicken ran off with it only to return minutes later, slamming it on the counter, flapping her wings, and shouting, "Book, book, book, book!"

The librarian handed the chicken another book. This time when the chicken wandered off, the librarian followed. She tracked the chicken down the block, to the park, where a frog was sitting on the edge of a pond. The chicken showed the frog the book, and the frog said, "Read-it, read-it, read-it, read-it."



You know you're getting old when ...

hree elderly gentlemen were taking a stroll in the park. The first man said, "Isn't it windy?"

The second man replied, "I'm pretty sure it's Thursday."

The third man said: "Me, too. Let's go get some lemonade."

A knock-knock joke

- "Knock, knock."
- "Who's there?"
- "Repeat."
- "Repeat, who?"
- "Who, who, who, who ..."



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Our delivery driver, Bob Davis (whom many of you know and have liked over the years), had a **SERIOUS FALL** while trimming a tree for a needy person on Sunday, August 5th.

He broke bones in his neck plus other injuries. He has NO insurance and he is the sole provider for his family. ANY donation you may be able to help with will be GREATLY APPRECIATED!!!

We are attempting to set up a "GoFundMe" page and/or a special account for him. For more info call 727-548-8460.

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HARBOR LIGHTS SCUTTLEBUTT SEPTEMBER, 2018 D

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AIR CONDITIONING SALES/SER	VICE
Air Masters of Pinellas, Inc	727-586-6969
E & E Gliddon, Inc	
Modern A/C Service Co	727-541-5541
AWNINGS	
Bay Area Aluminum Services, Inc	727-585-4442
Century Awnings Co	
AUTO REPAIR	
Suncoast Auto & Tire	727-520-1148
BATHROOM REMODELING	
BathMasters	727-333-7997
BLINDS & DRAPERIES	
Rod Runners	727-394-9534
CARPET CLEANING	
Bill the Carpet Guy	727-521-4163
COMPUTER SERVICES	
Discount Computer Repair	727-320-2965
Largo Tech Services, LLC	727-474-4285
DERMATOLOGIST	
Florida Dermatology & Skin Cancer	727-548-9196
DRIVEWAY COATING	
Concrete Wizard, Inc.	727-789-5444
DUCT / VENT CLEANING	
Velocity Air	727-754-7956
ELECTRICAL CONTRACTOR	
Haseney Electrical Services, Inc	727-441-8434
Imperial Electrical Service	727-535-0708
FLOOR REPAIR	
Flatworks	727-288-4680
Florida Anchor & Barrier Co	727-330-7821
Perfect Repair & Construction, Inc	727-539-0852
GOLF CARTS SALES & SERVICE	
Capital Golf Carts, Inc	727-772-8833
Recreational Golf Cars of Florida	727-548-8460
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O. E. Wilson	727-535-0524
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Citrus Homes/Meadowood Homes	727-535-5262
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Mobile Home Depot, Inc.	727-535-1100
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SEPTEMBER•2018

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First Day of Autumn		
30		

Harbor Lights

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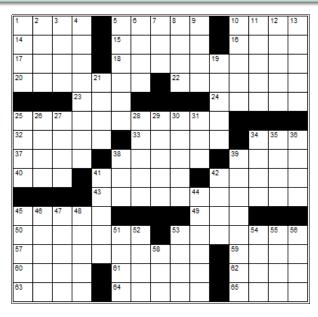




ACROSS

- 1. Relating to aircraft
- 5. Tag
- 10. Expectoration
- 14. 24 in Roman numerals
- 15. Humble
- 16. Roman moon goddess
- 17. Vitality
- 18. Lingo
- 20. Continuing forever
- 22. Any simple chemical
- 23. Occupation
- 24. Church recesses
- 25. Cars
- 32. Water soaked soils
- 33. Licoricelike flavor
- 34. Bar bill
- 37. Hotels
- 38. Rubs
- 39. Garden tool
- 40. East Indian tree
- 41. Gesture of indifference
- 42. Eagle's nest
- 43. Happiness
- 45. Subarctic coniferous forests
- 49. A very long period
- 50. Abrupt strong increase
- 53. Type of marmoset
- 57. Criminal
- 59. Schnozzola
- 60. Mining finds
- 61. Sound of an angry dog
- 62. Scrabble piece
- 63. Rodents
- 64. Not cloudy
- 65. Toboggan

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DOWN

- 1. Spindle
- 2. Way out 3. Abundant
- 4. Gladdens
- 5. Washbasin
- 6. Cain's brother
- 7. Tavern
- 8. Feudal worker
- 9. Loyal (archaic)
- 10. Slouch
- 11. Whines
- 12. Absurd
- 13. Small open pies
- 19. Stop

- 21. French for "Names" 41. Neck warmer
- 25. Corrosive
- 26. Forearm bone
- 27. Armored vehicle
- 28. Scottish for "Child"
- 29. Enter data
- 30. Feudal lord
- 31. S
- 34. Container weight
- 35. Like
- 36. Red vegetable
- 38. Which person?
- 39. Leftovers

- 42. "Smallest" particle
- 44. Almost
- 45. Carcinoid
- 46. 3-banded armadillo
- 47. A small island
- 48. Estimate
- 51. Jokes
- 52. Beige
- 53. Small city
- 54. Agitate
- 55. Small island
- 56. Require
- 58. 2,000 pounds



September 2018

Gardening may benefit mental health

etting your hands dirty in the garden may be one way to fight depression, according to the Gardening Know How website. Fresh air and sunshine help, but scientists say there's a natural antidepressant in soil: Mycobacterium vaccae apparently has the same effect on neurons that Prozac and other medications provide. The bacterium seems to enhance the production of serotonin, the lack of which has been linked to depression, anxiety, bipolar disorder, and other mental illnesses.



Experiments using the bacterium with rats appeared to increase cognitive ability, lower stress, and create higher levels of concentration. Studies testing the bacterium on cancer patients found that the patients reported less stress and a better quality of life.

The effects can come from the air, touch, and through the blood in case of a cut in the skin. You should always wash your hands after working in the dirt, of course, but a few hours in the garden every week could have a positive effect on your physical and mental health.

Live a fuller life by enhancing your senses

ur senses are our connection to the world. They can make us feel more alive. Here are a few tips for heightening your senses:

- **Touch.** Close your eyes while you are performing familiar tasks. For instance, when you are taking a bath, close your eyes and then locate the water taps, the soap, etc. Closing your eyes will prevent your sense of sight from predominating. To stimulate nerve endings, go for a massage.
- **Smell.** Sniff specific objects and pay close attention to what you are smelling. Add smells to familiar items, for instance by sprinkling cinnamon in your coffee.
- Taste. Eat foods that are high in zinc, or take a multivitamin that contains zinc. If you are on medication, it can affect your taste, so check with your doctor.
- **Sight.** Make sure you wear 100 percent UV-blocking sunglasses. Take off all your eye makeup at night, and always clean your contact lenses.

A healthy attitude is contagious, but don't wait to catch it from others.

Be a carrier.

—Tom Stoppard



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Ignore these creativity myths

Treeing your creativity sometimes means letting go of the misconceptions many people have about it. Don't fall prey to these mistaken assumptions:

- Only a few people are creative. Some people may seem to be more creative than others, but all of us have the power to generate new and innovative ideas.
- You can't teach creativity. You can train people (and yourself) to be creative with mental exercises and just learning to look at the world through different and fresh angles.
- Discard bad ideas quickly. You may think this will save time, but dropping "bad" ideas means you may miss opportunities. Analyze them to find out what makes them bad. Maybe you can fix it, or perhaps you could salvage at least part of the idea for use later.

Live by the principles of creative people

reativity isn't something you have to be born with. Here are some habits and traits of creative people that you can put to work in your ✓ quest to make your imagination blossom:



- **Intolerance for boredom.** Creative people don't like to spend their time with the same old ideas. When they get bored, they start looking for something new and different to play with.
- Willingness to take chances. Trying or suggesting anything new has an element of risk. The people you want to emulate aren't afraid of being laughed at or rejected as long as they're committed to their ideas.
- Enthusiasm. No one works hard on a project or idea they don't feel strongly about. Don't pursue a project if its possibilities don't excite you.
- **Generosity.** Don't worry too much about people "stealing" your ideas. Creative types know that they do better when sharing their thoughts with a wide array of people and listening to the feedback they generate.
- Optimism. You won't succeed if you think only about the possibility of failure. The most successful creative people reached their goals because they never believed that giving up was a good idea.
- Realism. At the same time, the best artists, writers, designers, and entrepreneurs understand that hanging on to an idea too long doesn't work. Persistence is a positive trait, but it has to be tempered with an understanding that moving on to a better idea is sometimes the best path to take.

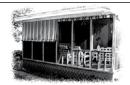
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Plan your cookout for safety

If you're planning a cookout for Labor Day—or any other time—you should observe the following safety tips:

- Always wash the racks on your grill. Unwashed racks can be breeding grounds for bacteria and could contaminate your food at your next cookout. Use a brass-bristle brush to remove all the debris from the rack.
- Never place your grill close to your picnic table or other seating. Place it instead far away from where people will be gathered.
- Don't wear lose or flowing clothes when you are grilling. A drooping sleeve could brush against the grill or coals and catch fire.
- Use heat-resistant cooking mitts and long-handled utensils to avoid burns.
- Make sure you keep a fire extinguisher or a large spray bottle filled with water nearby in case of fire emergencies.
- Never add charcoal starter or fluid to coals that are already warm or hot. The fluid could cause flames to flare dangerously.
- Never use alcohol, kerosene, or gasoline to start a fire or grill. Using any of these fluids to start a fire can cause an explosion.

Saltwater trout evolve to freshwater species

Production normally takes place over thousands or millions of years, but sometimes it can happen more quickly. The Science website reports that a group of saltwater steelhead trout transplanted from California to the salt-free waters of Lake Michigan in the 1890s have evolved into a species that can live wholly in fresh water—in only 100 years.

Genetics helped. The steelheads hatch in freshwater rivers before swimming out to the ocean for much of their lives, returning to the rivers to spawn. That probably allowed key genetic differences to develop in their new home, demonstrating how quickly an organism can change and adapt to a new environment if it has the right genetic makeup.



September Sudoku

Difficulty level: easy.

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James McGraw	\$10	Boss Electric Corp.
Jean Styler	\$10	The Plumbing Patrol
Iva Shannon	\$10	Appliance Specialty, Inc.
Robert Haley	\$10	Jones & Sons Plumbing, Inc.
Suzy Hunt	\$10	Battleline Termite & Pest Control, Inc.
Ed Palka	\$5	Buggin Out Termite & Pest Control
Stephen Cavanaugh	\$5	Palm Harbor & Dunedin Electrict, Inc.
Sue Heiland	\$5	Buggin Out Termite & Pest Control
Richard Sisson	\$5	
Cynthia Thomas	\$5	Natures Resource Pest Control, Inc
Bertha Hein	\$5	Haseney Electrical Services, Inc.
Carol Knotts	\$5	Battleline Termite & Pest Control, Inc.
		Doll Brothers Upholstery Cleaners
George Farmer	\$5	Debbie's Cleaning Services

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Lee Drury	. \$5	Jones & Sons Plumbing, Inc.
Cindy Barnstorf	. \$5	Ron Wyngarden MH Washing
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Lynda Warner	. \$5	1st Class Handyman Service, Inc
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